



Havering
LONDON BOROUGH

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PHOF Indicator Highlights – July 2019

Cleaner, Safer, Prouder *Together*

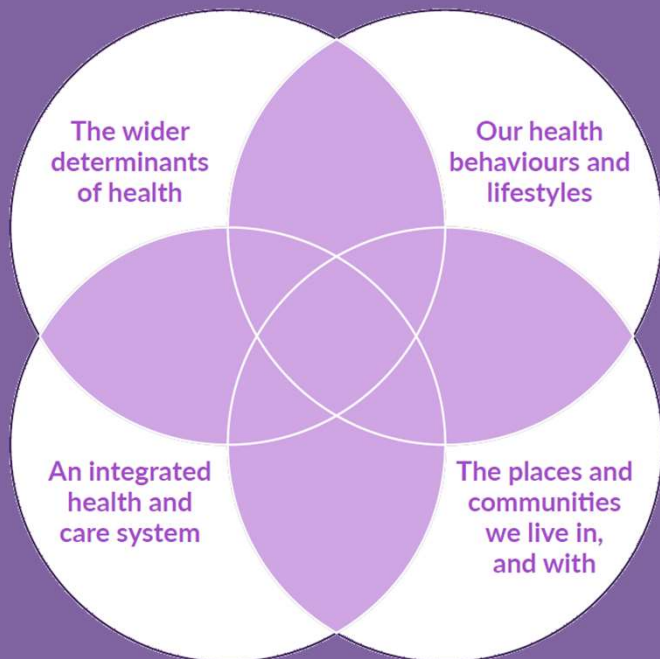
www.havering.gov.uk

What is the PHOF?

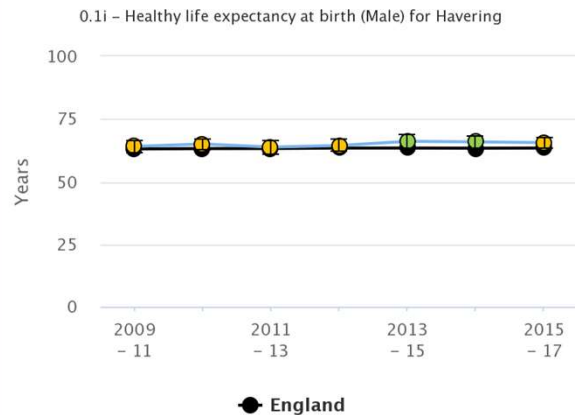
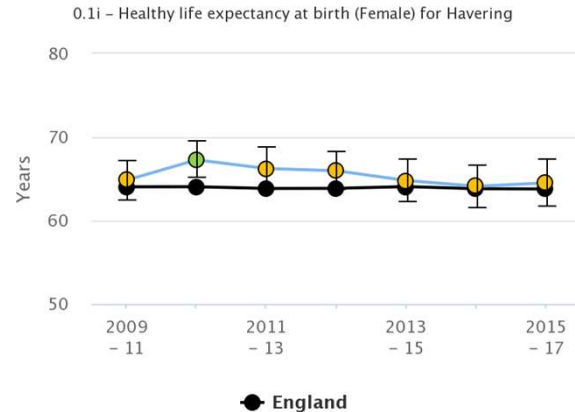
The Public Health Outcomes Framework sets out a vision for public health, that is to “improve and protect the nation's health, and improve the health of the poorest fastest”

Our priorities

Over the next 4 years Havering Health and Wellbeing Board will prioritise action to address the concerns listed below, which span the four ‘pillars’ underpinning good health. The measures in this briefing reflect these priorities and need within the Borough.



How the four ‘pillars’ affect our health locally – middling health outcomes in Havering



Whilst significant improvements have been made to the health to and wellbeing of Havering’s residents, the Borough remains around the national average for key measures of overall health.

In terms of life expectancy Havering doesn’t differ significantly from the England average for females or males.

This reflects the collective contribution of the four pillars to health outcomes in the Borough, that will require a collective response from not only the traditional health and care system but across all domains and organisations which have an impact on health in the Borough.

The full Public Health Outcomes Framework and associated data are available at <https://fingertips.phe.org.uk/profile/public-health-outcomes-framework/data>

The Wider Determinants of Health

Of all PHOF indicators in this domain Havering performs most poorly with regard to the two **statutory homelessness** indicators.

Eligible homeless people not in priority need



Households in temporary accommodation



For both of these measures Havering is **significantly worse** than the England average.

The review "Is work good for your health and wellbeing" (2006) concluded that **work** was **generally good for both physical and mental health and wellbeing**; despite this large **employment rate gaps** for certain groups still exist.

Havering has **largely improved** in these measures, although remains **statistically similar to England** as whole and retains significant employment rate gaps between the overall population and those with health problems or disabilities.

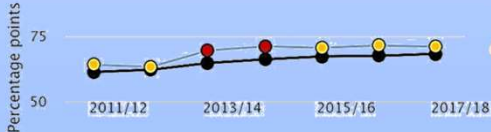
With a long-term health condition



With a learning disability



With secondary mental health services

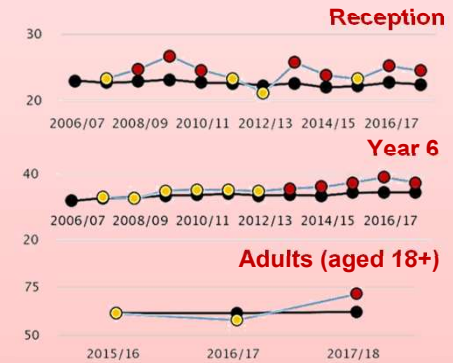


Cleaner, Safer, Prouder Together

Lifestyles and Behaviours

Prevention of obesity is one of Havering's strategic priorities. It is a major determinant of premature mortality and avoidable ill health.

In terms of obesity for all of these groups Havering is **significantly worse** than the England average.

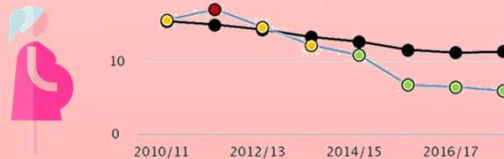


% Overweight (including obesity)



Smoking is still the most important cause of preventable ill health and premature mortality in the UK.

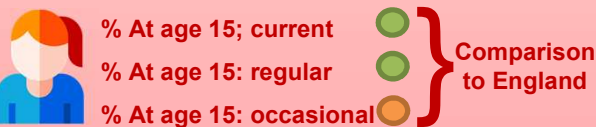
% At time of delivery



% At age 15; current

% At age 15; regular

% At age 15; occasional



Comparison to England

% Smoking Prevalence in adults (18+)

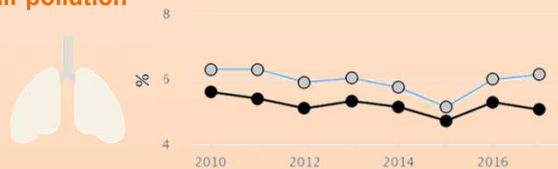


Havering has made **substantial improvements in reducing smoking rates**, especially for pregnant mothers, and continues to work to reduce rates across all groups of citizens, especially those in manual and routine occupations where prevalence is far higher in Havering.

The Communities and Places We Live In

Poor air quality is a significant public health issue. The burden of particulate air pollution in the UK in 2008 was estimated to be **equivalent to nearly 29,000 deaths** at typical ages and an associated **loss of population life** of 340,000 life years lost.

Fraction of mortality attributable to particulate air pollution

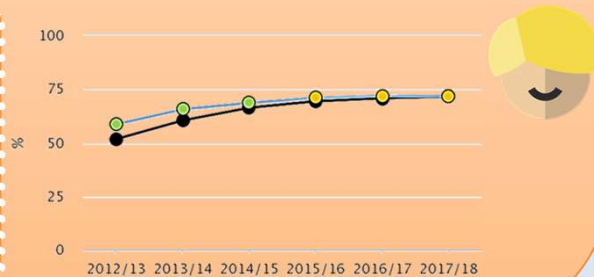


Havering has been **higher than England** in every measurement since 2010, although significance comparisons are not able made for this metric.

School readiness is a key measure of early years development across a wide range of developmental areas. **Children from poorer backgrounds** are more at risk of poorer development and the evidence shows that **differences by social background** emerge early in life. Children are defined as having reached a **good level of development** if they achieve at least the **expected level** in the early learning goals in the **prime areas of learning** and the **early learning goals** in the specific areas of **mathematics** and **literacy**.

School Readiness: the percentage of children achieving a good level of development at the end of reception

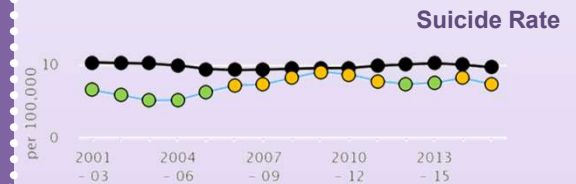
Whilst Havering was better than England from 2012/13 to 2014/15, it has been **statistically the same as England** for the last 3 years of available measurement.



Local Health and Social Care Services

Suicide is a significant cause of death in young adults, and is seen as an indicator of underlying rates of **mental ill-health**. Suicide is a major issue for society and a **leading cause of years of life lost**.

Havering has been **statistically the same as England** since 2014-16, having been better previous to this and in the early part of the 2000's.



A **timely diagnosis** enables people living with **dementia**, their carers and healthcare staff to **plan accordingly** and work together to **improve health and care outcomes**.

Estimated dementia diagnosis rate (aged 65 and over)

Havering remains **worse than England** from 2 years' of observations.



Successful completion of drug treatment - non-opiate users



Successful completion of alcohol treatment



Deaths from drug misuse



Havering has showed **remarkable improvement** in treatment of drug use and its consequences, now **significantly better than England** in all of these measures – although numbers in treatment still remain too low.