

# Draft Havering Joint Health and Wellbeing Strategy 2019/20 – 2022/23 Summary

**Strategy:** this means a big picture plan.

## Our vision

**Vision:** this tells people about where we want to be in the future. .

**Havering Health and Wellbeing Board** is working so that:

‘everyone in Havering has a long and healthy life; and has access to the best health and social care services’.



**Havering Health and Wellbeing Board:** all local areas must have a Health and Wellbeing Board. Havering Council, the NHS and Healthwatch Havering belong to the Havering Health and Wellbeing Board and work together to improve health and wellbeing locally.

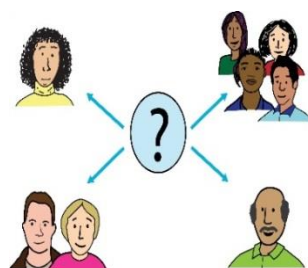
## Our priorities

**Priorities:** this means, what is most important.

The Havering Joint Health and Wellbeing Strategy sets out 9 priorities.

The priorities have been chosen because the Board thinks that these will help to reach the vision set out on page 1.

Each priority will need many **stakeholders** to work together.



**Stakeholders:** this means people or organisations with an interest in this area of work.

The 9 priorities are listed below

### 1. The wider areas that affect health

- Helping people with health problems or disabilities, into work



- The Council and NHS Trusts to make more of a difference as '**anchor institutions**'. For example, the Council and NHS Trusts could spend money locally which could mean more jobs for local people.



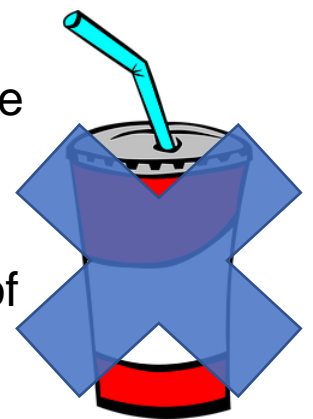
**Anchor institutions:** these are very large organisations such as hospitals, universities and councils.

- Help people to keep their homes so they don't become homeless. Also help people who are rough sleeping or need to stay in temporary accommodation to stay as well as possible.



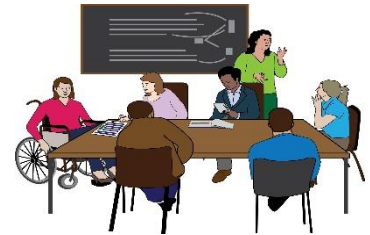
## 2. Our behaviours and how we live

- Stop people becoming **obese**, by making sure that people have opportunities to choose healthier options. This could mean making sure that drinking water is available, instead of fizzy drinks with lots of sugar. It could mean more people using the parks to get more active.



**Obese:** this means being very overweight.

- Bring down the number of people that smoke in Havering. Make sure that this happens especially in those **disadvantaged** groups who smoke more
- Help to make **early years' providers**, schools and colleges, places that encourage good health.



### 3. The places where we live

- Make sure that people's health benefits from the new buildings and other changes that are planned for the borough.
- Some of the people who use services often have bigger problems which services cannot change alone. Services will need to work in a different way to help these people improve their health and wellbeing.



**Disadvantaged:** this means not having the same chances as everyone else.

**Early years' providers:** these are organisations like nurseries and childminders which work with young children from 0 to 5 years old.

## 4. Local health and social care services

- Make sure that health, housing and social care services work together for people of all ages



### How will this happen?

An action plan will be written for each priority. Each plan will have a lead person and clear **milestones** and **quantitative targets**. Information about how each priority is going, will be given to the Health and Wellbeing Board at least once a year.



**Milestones:** these are clear steps that we reach in the big picture plan.

**Quantitative targets:** these are ways of measuring how well we are doing, using numbers.

Reporting on how work is going on these priorities will show how well we are doing over time. It will also show how well the Joint Health and Wellbeing Strategy is doing and how well the Havering Health and Wellbeing Board is leading this work.

