

Joint Strategic Needs Assessment 2026

Havering Demographic Profile

Executive Summary



Havering
LONDON BOROUGH

POPULATION



The estimated population of the London Borough of Havering in 2024 was **276,274**, a **5.4%** increase since **2021**. The increase was greater than the **London (3.2%)**, and **England (3.7%)** averages.



The number of children aged below 18 in Havering increased by **15.2%** (50,827 in 2011 to 58,550 in 2021), a significantly higher rate than the **London (4.8%)** and **England (3.9%)** averages.



In 2021, Havering was home to around **16.7 people per football pitch-sized piece of land**, compared with **15.1 in 2011**. This was the second-least densely populated local authority area across London (after Bromley).



Havering's population in 2021 was relatively old compared with the **London average (35 years)** with a **median age of 39 years**; but younger compared to the **median of 40 years in 2011**.



The number of births among Havering women in 2024 was **3,235**. This is an increase of 178 births per year compared to 2021.



The latest (2024) general fertility rate (GFR) for Havering is **58 per 1,000 women aged 15-44**, higher than **London (49 per 1,000)** and **England (also 49 per 1,000)**.



The largest increases in population will occur among older people age groups (**over 65 years**). Age group **65 -84** is predicted to increase from **39,348 in 2022 to 48,421 in 2037 (23%)**, age group 85+ from **7,107 in 2022 to 8,746 in 2037 (23%)**.



Havering's **ethnic structure** has significantly changed in the last 10 years. **66% of its residents** were recorded as **White British in 2021** as compared to **83% in 2011**. The proportion of Havering's White British population is higher than the **London average (37%)** but lower than the **England average (74%)**.

HEALTH OUTCOMES



The life expectancy at birth in Havering is **79.9 years** for males which is similar to **London (79.8)** and higher than **England (79.1)**. The female life expectancy is **83.5 years** which is lower than **London (84.1)** but similar to **England (83.1)**.



A significant proportion of life expectancy in Havering (**23% (18.1 years) for men and 27% (22.4 years) for women**) is impaired by ill health and disability resulting in poor quality of life and significant need for health and social care services. The healthy life expectancy for **Havering males (61.8 years)** and **females (61.1 years)** have fallen since the pandemic.



The life expectancy at **age 65 years** in Havering is **18.9 years** for males which is similar to the average for **London (18.9)** and **England (18.7)**. For females, it is **21.2 years** which is lower than the average for **London (21.8)** but similar to **England's (21.1)**.



Residents living in the most disadvantaged areas of the borough have a significantly lower life expectancy (**8.9 years for males and 5.1 years for females**) than peers in the least deprived decile.



The latest data for the period 2021-23 shows that both males and females in Havering have a healthy life expectancy of **9.5 years** at 65. These rates are lower than the London and England averages but not significantly. The female healthy life expectancy has fallen by more than a year compared to previous periods.



In Havering an estimated **219,777 (83%)** residents reported having a 'good' or 'very good' health in 2021. This proportion was higher than **London (81.9%)** and **England (81.7%)**



In 2021, **38,449 (15%)** Havering residents disclosed that they had a disability or long term illness in 2021. This was however lower than **London (16%)** and **England (18%)**.

HOUSEHOLD PROFILE



As of 2021, there were **101, 277 households** in Havering, a **4% increase (4,078)** since 2011.



Havering has the highest proportion of households that own their accommodation across all London boroughs, at **70.5% (71,355)**. This is higher than **England (62.3%)** and **London (46.8%)**.



Havering has a lower percentage of households with **no cars or vans (21.5%)** compared to **London (42.1%)** and **England (23.5%)**. It also has the higher percentage of households that have **2 or more cars (24.9%)** as compared to **London (13.6%)** but lower than the **England average (26.1%)**.



There are **861 homeless households** with dependent children owed a duty under the Homelessness Reduction Act in Havering. The **Havering's rate (27 per 1,000 households)** is among the highest in London and significantly higher than **London (20.8 per 1,000)** and **England (16.1 per 1,000)** averages.



As of 2021, about **12.7% (12,838)** of the Havering population **aged 66** years and above were living in **one-person households**. This is the second highest proportion among London boroughs after **Bexley (12.8%)**, higher than the **London average (9.1%)** but slightly lower than the **England average (12.8%)**



Havering saw **a slight increase (0.5%)** in the number of households who are overcrowded (**7.4% (7,166) in 2011 to 7.9% (8,050) in 2021**). Barking & Dagenham (0.3%) are the only other London borough to see an increase. This is consistent with the rising affordability ratio in



Havering and nationally. Latest data (2022) shows Havering's **affordability ratio (11.3)** was higher than the **national average (8.9)** but lower than the **London average (13.6)**.

ECONOMIC PROFILE



The average gross annual household income in Havering for full time workers (**£44,790**) is the same as the **London average (£44,780)** but higher than the **England median (£37,617)**.



Over **18,000 children aged 0–15** years are estimated to be **living in poverty** in Havering. However, Havering is among the London boroughs with the lowest rate (31.8%). Havering's rate is lower than the London (41.8%) and England (36.3%) averages.



Almost 7,000 older people are estimated to be **living in poverty** in Havering. However, Havering is among the London boroughs with the lowest proportions (**14.4%**). This rate is significantly lower than the London (29.0%) and England (18.6%) averages.



The overall employment rate in **Havering (76.7%)** is higher than the **London (75.4%)** and **England (75.7%)** averages.



The proportion of working age residents in Havering claiming out-of-work benefits (**4.7%**) is lower than **London (5.9%)** but similar to the England average (**4.1%**).



In 2024, the average Attainment 8 score per pupil was **48.8 for Havering** children, better than **England (46.1)**, but lower than the average score for pupils across the whole of Outer London (**51.1**).



Havering has lower percentage of persons aged 16 over in employment in the **managerial and professional occupations (31.3%)** as compared to **London (47.6%)** and **England (38.3%)**.